

# ORACLE of the 7 ENERGIES Guidebook

The wisdom of the energy of seven can be seen in cultures all over the world, in belief systems throughout history . . . and in your own life today. Its influence is reflected in the way you think, how you make decisions, what you encounter within yourself, and the conditions of your world. Drawing upon the power of seven, this oracle reveals how we as individuals experience our lives, giving us a framework from which to make empowered choices as we co-create our reality. With guidance from intuitive master and oracle expert **Colette Baron-Reid**, you can now awaken to the power of Source within you, becoming a channel for Divine abundance and miracles.



COLETTE BARON-REID is an internationally respected spiritual intuitive, psychic medium, educator, and oracle expert. She is the founder of Oracle School, and her best-selling books and oracle cards are published worldwide in 27 languages.

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Cover art: Jena DellaGrottaglia • Cover design: Bryn Starr Best  
Photo of Colette: Olive Photography, [www.olivephotography.ca](http://www.olivephotography.ca)

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GUIDEBOOK

COLETTE BARON-REID



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ORACLE

*of the*

7

ENERGIES

# Guidebook

COLETTE BARON-REID



HAY HOUSE, INC.

Carlsbad, California • New York City

London • Sydney • New Delhi

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*Interior design:* Bryn Starr Best

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# INTRODUCTION

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Seven is a sacred number, with great significance in multiple cultures and belief systems throughout history. In many countries, folklore maintains that the seventh son of a seventh son will have magical powers. The Christian Bible is full of references to the num-

Christian Bible is full of references to the number seven, such as the seven sacraments, the seven parables of Jesus, and the seven psalms of David. Hinduism speaks of seven higher worlds and seven underworlds. When Buddha was born, he took seven steps. In the 19th and 20th centuries, H. P. Blavatsky and Alice Bailey are among the many spiritual authors who spoke of the "seven rays."

Creation stories frequently reference the power of the number seven. The Christian God created the world in seven days. The Aztecs traced their origin to Chicomoztoc, the place of seven caves from which the seven



tribes emerged to populate the world. In Cherokee mythology, the first animals and plants were asked to stay awake for seven nights, and the first woman gave birth to a new child every seven days.

The significance of the number seven can be seen in our everyday lives as well. Many calendar systems are based on a seven-day week, among them the Gregorian calendar (which

among them the Gregorian calendar (which most of the world uses today), the Jewish lunar calendar, the Bengali luni-solar calendar, and the Bahā'ī solar calendar. There are seven musical notes. All the cells in our bodies are said to be replaced every seven years. Adults can store seven numbers in their short-term memories. Seven is also popularly believed to be a lucky number, which is why on a slot machine triple 7s signify a jackpot!

The most common understandings of the chakra system acknowledges seven energy centers that exist in the subtle field of the human body. Although we get the word *chakra* from the Sanskrit word for “wheel” versions of this

the Sanskrit word for wheel, versions of this concept are reflected in many belief systems,

2

including Hinduism, Tantric Buddhism, and Jainism. Furthermore, this system provides us with seven main psychological and spiritual themes to consider as we journey through life. In our day and age, as yoga and traditional Eastern philosophy have become mainstream, many people are familiar with the concept

many people are familiar with the concept of chakras. Author, philosopher, and chakra expert Shai Tubali describes the deeper truths within this energy system:

Beyond traditional convention and contemporary Western imagery and practice, chakras are reflections of the seven energies of life. In their interplay, these energies create your being. Through their different wisdoms, they guide you toward your ultimate evolution. And, much more than energy centers within your subtle body, chakras are seven cosmic energies that

chakras are seven cosmic energies that form life as a whole. By following their wisdom, you activate all the different potentials of your being on your way to your very own wholeness.

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The structure of this oracle deck draws upon this understanding of the power of seven. *Oracle of the 7 Energies* is an intuitive divination system inspired not only by the

mind-body-spirit model of energy, consciousness, and co-creation contained within the traditional understanding of the seven chakras but also by the wisdom of seven reflected in so many belief systems and modern practices. Within this oracle, the concept of the seven energies can be said to apply to the totality of your life's story—the way you think, how you make your choices, and what you encounter within yourself—and the conditions of your world as you journey forward. I'm also applying a Western psychological perspective on how we as individuals create and experience our reality, evolving and transforming

through this living mind-body-spirit interface.

## **Why Work with an Oracle?**

Oracle cards are a form of divination. In other words, they're one of many techniques

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that enable you to have a direct dialogue with the Divine.

Oracles—from the Latin *orare*, “to speak” or “to impart wisdom”—come in many forms. An oracle can be a person who offers wisdom, a meaningful coincidence in your environment, or a specific system whereby an object or group of objects represents an archetypal or symbolic language that you use to get answers to your life’s questions. In this case, the oracle I present is a deck of cards, each one with a specific meaning that facilitates the conversation.

It’s important to remember that oracles are simply a *tool* to have a direct dialogue with the Divine—call it your Higher Power, the universe, God, Great Goddess, Spirit, or any



universe, God, Great Goddess, Spirit, or any name you're comfortable using to refer to the vast Conscious Intelligence fundamental to all life and greater than you. You're meant to have this dialogue in order to understand where you are and where you've been in your life, and to recognize and change the patterns you still re-create. You can use this oracle to get wise

guidance to manifest and live your best life with grace and courage.

Oracle cards can help you with your smaller, everyday questions as much as they can with the big ones that advance your spiritual and personal growth. While your focus might be on how to evolve spiritually, it's equally important to be *in* this world, here and now. Wisdom must also be practical so you can live your life embodying courage and grace.

Every oracle has a lexicon, or matrix, through which communication works. Just as the many letters in the alphabet can be combined in different ways to form words and sen-

combined in different ways to form words and sentences that convey meaning, so too is there a system that allows an oracle to “speak.” The language of an oracle system is images, symbols, and metaphors. The lexicon of this deck draws from my experiences with many psychological and spiritual systems, all tied together through the seven energies.

## **The Themes of This Deck**

I've chosen to loosely base the architecture of this deck on the seven colors of the rainbow and the psychospiritual wisdom of seven energy centers, as described in many systems. There are seven cards within each of the seven energetic categories, for a total of 49 cards. The psychological, spiritual, and life themes that animate the oracle are as follows:

- **Energy 1, red, Earth:**  
money, family, inherited traits,

money, family, inherited traits,  
survival, primitive instincts, security,  
stability, and the material world

- **Energy 2, orange, Water:**  
connection, sexuality, intimacy,  
birthing, desire, pleasure, feelings,  
and fluidity
- **Energy 3, yellow, Fire:**  
personal power, will, assertiveness,  
action, vitality, movement,  
individuation, and extreme states—  
joy, anger, transformation

- **Energy 4, green, Love:**  
compassion, love, community,  
forgiveness, unconditional  
acceptance, inner peace, and  
wholeness
- **Energy 5, sky blue, Sound:**  
communication, creativity, listening,  
being heard, writing, ideas, sharing,  
and vibration

- **Energy 6, purple, Light:**  
intuition, vision, imagination,  
prescience, knowing, perception,  
and mental states
- **Energy 7, golden white, Thought:**  
spirituality, ego transcendence,  
liberation, God consciousness,  
understanding, and wisdom

HOW TO WORK WITH THE  
ORACLE  
*of the*  
7  
ENERGIES



# ENERGIES

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If you can, work with your cards in a special space you designate for your sacred practices, prayer, and meditation. Choose any area of your house and adorn it with beautiful things. I like to surround my card decks with objects that hold special meaning, such as crystals, colorful fabric, and aromatherapy oil.

I suggest saying a prayer before using any oracle deck to signify that this is a sacred task. Ask to be in communion with the Divine for

the highest good, ensuring you do no harm. It's also important to admit that you need help to see past certain limitations of the ego or mind

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and to consciously activate your partnership with Spirit. Here's an invocation I like to say:

*Spirit [or Goddess, God, Universe, Divine  
Intelligence, Higher Power, etc.],*

*make me a channel of your peace and wisdom*

*make me a channel of your peace and wisdom.*

*Relieve me of the bondage of self  
so that I may see clearly, open to your Light.*

*Let there be only truth and understanding.*

*Thy will be done through me,  
for the highest good of all.*

When you've finished your prayer and performed any rituals you feel called to do, open your deck and shuffle it so that the cards are mixed up well. There are no right or wrong ways to do this. You can fan them, break them into smaller piles and jumble them up that way, or shuffle the deck like a poker player. As

you're doing so, hold in your mind both your question and the particular spread you've chosen. Universal energy will ensure that the correct cards are drawn into the positions where they're needed. Just keep shuffling until you feel they are "ready." Then begin your reading.

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## **How to Ask the Right Questions**

This oracle deck is designed to answer

a variety of questions with the timeless concepts of transformation, healing, and understanding. It is not conducive to addressing simple questions with a yes-or-no answer. In other words, oracles answer with a poetic flavor rather than “on the nose.”

Your questions should be broader and subject based. For example, good questions for an oracle to answer would be:

- “What do I need to know about my issue with my sister?”
- “What is the best way for me to handle this difficulty I am facing?”

- “What action do I need to take to stay on track with my project?”
- “What do I need to be aware of that is not obvious in this situation for my highest good?”

Of course, the general “What do I need to know today for my highest good?” is always a great way to start your day!

Keep in mind that our stories unfold in a continuum. While you can ask in what direction a situation is heading, there is no fixed outcome, as every choice you make leads to an experience. In fact, you’ll come to recognize that the experience is more powerful than the circumstances or goal you seek.

There are elements in life that we can’t see. Although we play an important role in creating reality and how we experience it, we are still subject to larger forces. This is both a won-

derful thing and a frustrating one. Human beings desire certainty above all else, so our greatest task is to learn how to inhabit “both/and,” dwell “between worlds,” and embrace the magic of “not knowing.”

In this light, oracle cards offer us a glimpse into this ongoing evolution, the story in motion, and our capacity to both influence and surrender to it.



## **How to Read the Cards**

This deck is intended to be read with the cards always upright. That means there are no extra meanings if you choose a reversed, or upside-down, card.

Although there are many beautiful and complex spreads within oracle and tarot traditions, I personally find myself often turning to simple one-, two-, and three-card readings. I find they give you enough information to explore without overwhelming you with

detail. I have included a seven-card spread as well that is specific to this deck.

## One-Card Reading

When you do a one-card reading with *Oracle of the 7 Energies*, you'll select a single card to reflect on for the day or to get an answer about a specific subject. When you request guidance on an unclear situation, a single card and your intuition can be enough to lead you to appropriate action. It may help you think differently, confirm what you know

already, or shift your inner perception so your outer experience is more in alignment with what you're hoping to accomplish.

## Two-Card Reading





1

2

In a two-card reading, the first card you pull is called the anchor card because it is like dropping an anchor into the subject, then looking around. This gives you the main focus for your question.

The second card elaborates on the situation described in the first card. It may tell you what to do as your next right action.

In other words, Card 1 is “What is hap-

pening now?” Card 2 is “What information do I need in order to understand this better?”

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### Three-Card Reading

**1**

**2**

**3**



## VERSION 1

This type of three-card reading shows you the flow-through of a situation

For instance, you may ask, “What do I need to know about *X*?” The cards you then pull will reveal the following:

- **Card 1:** where you are or what the environment presents to you
- **Card 2:** what you experience as a

result of the first card

- **Card 3:** what will result from the experience of the first two cards

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## VERSION 2

This type of reading shows you options for actions to take.

For instance, you may ask, "What do I

need to do about  $\lambda$ ? The cards you then pull will reveal the following:

- **Card 1** (the understanding card): the essence of the situation, including things you may not consciously know
- **Card 2:** guidance on what to do and a choice of action given you have the understanding of card 1
- **Card 3:** the potential experience that arises as a result of your mindful action



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Seven-Energy Crescent Reading

1

2


3

4

5

6

7

- 
- **Card 1** (the past): the continuing energy still playing out in your present situation that began in the past
  - **Card 2** (the present moment): the dominant energy in your life right now

- **Card 3** (what is hidden): the

**Card 3** (what is hidden): the supportive energies that have not yet coalesced into form

- **Card 4** (the obstacle): what stands in your way, such as a psychological attitude or person
- **Card 5** (the helpers): what energy, people, and synchronicities are coming to your aid; how things fall together
- **Card 6** (action): the best action to take toward your goal right now

- **Card 7** (potential outcome): the likely outcome, given your current energetic path

# HOW THIS ORACLE WILL SERVE YOU

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As I do with all my decks, once I finished writing *Oracle of the 7 Energies*, I asked a question about how it would serve you, the reader, best when using it. Imagine this oracle has a presiding spirit with a personality that you get to know over time like a best friend, mentor, or guide dedicated to your service. In this case,

I meditated and imagined I was speaking to this oracle spirit, and I immediately saw in my mind's eye a multicolored angelic being as old as time, in long, flowing robes. (Okay, this might be a tad cliché, but stay with me!) This figure was quite serious but beaming with love.

I asked, "What is the most important message of this oracle deck to all who come for guidance?"

## **A Message for You from the Cards**

From energy center 2, representing the first stage of relationship and connection, came card 12: *Bearing Fruit*. What struck me most about this card was the first question it poses: “If your life were a tree, what fruit would it bear?” I love how it beautifully sums up a number of key ideas for us all—that our thoughts, feelings, and beliefs; our attention; and our actions result in something tangible



in our “outer world.”

This card tells us that this oracle deck can help us manifest our reality so that our lives will bear fruit that is juicy and sweet, which we can then share with others. It reminds us that we have a powerful partnership with the Divine, and this will help us be clear about our intentions, as well as aware of how to exert our influence for the highest good. We are allied with the universe, and our job is to be mindful of where our attention rests so that we can manage our energy and what we attract and react to.

## 12. Bearing Fruit

**Key concepts:** birthing, the results of hard work, an idea or consistent thought manifesting into form, the relationship between the external world and the internal world of feelings and beliefs

If your life were a tree, what fruit would it bear? Envision the results of the efforts you

put into achieving your dreams and desires in partnership with the Divine. Can you see the way you think, feel, and believe reflected in the material world? There is always a correlation between what you see, what you expect to see, what you intend consciously, and what you project unconsciously.

Everything is intrinsically connected. Magic flows through you from the unseen world into the world you perceive. Moving from the realm of nonordinary reality to ordinary reality, you birth ideas and thoughts into form and bring your most cherished desires to fruition. Not all ideas will bear sweet fruit; sometimes you

will reap a sour and bitter harvest based on your sense of your personal narrative and your assumptions about others.

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You are in a powerful and fertile season of your life, when you're particularly good at making things happen with very little effort. Pay close attention to what you're manifesting now. From your career to your personal relationships, your influence is strong at this time

tionships, your influence is strong at this time. If you don't like what your life is yielding, prune the proverbial tree and get into alignment with what genuinely lights you up.

Remember that you birth into the world that which you pay most attention to and consistently hold within as your truth. Be clear about what you intend. Can you make this commitment?

## **A Message from Me to You**

The messages we receive from an oracle should have meaning that is relevant to our lives today. We all experience loss and grief,

love and joy. We succeed and fail; we fear and we find courage. We learn about life, adapt to our environments, and weave our stories into the larger universal Story relative to how we're conditioned and how we're driven to move

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beyond that. We learn to perceive the world a certain way. We all search for purpose, desiring to live a life where we don't just survive

but *thrive*.

With purposeful thriving as my aim, I am so proud to offer *Oracle of the 7 Energies* to you! I hope you love working with this oracle as much as I have loved creating it. May it guide you to your highest good, supporting your life's adventures with love and wisdom, showing you the path to co-create your most beautiful and meaningful manifestations. May this oracle be a beacon for you in turbulent times and a playful guide when opportunity knocks and abundance comes calling.

Let there be Light!

Let there be Light.

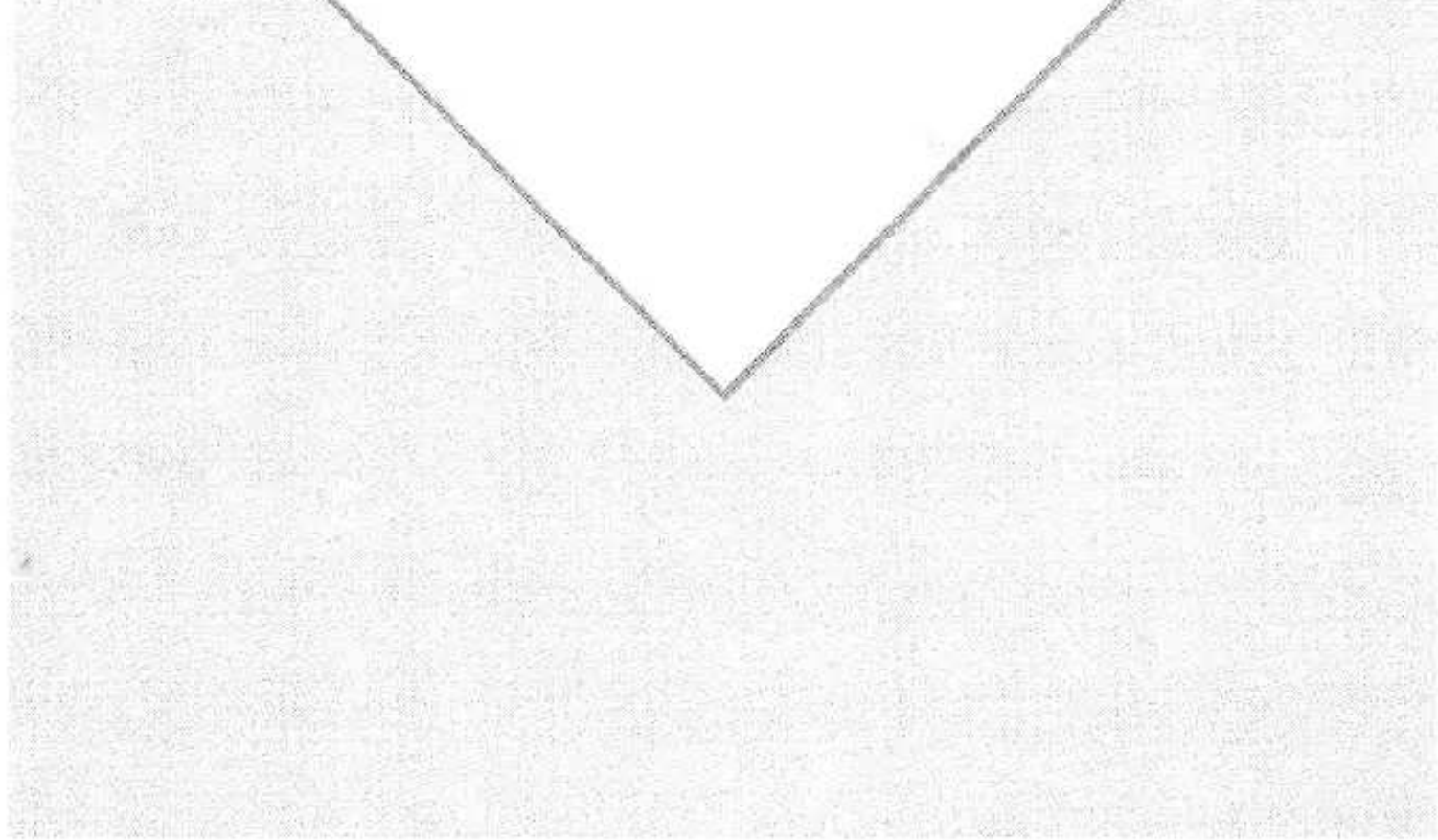
Blessed be.

*Love,  
Colette*





THE CARDS  
AND  
THEIR MEANINGS



# ENERGY 1



EARTH

money, family, inherited traits, survival,  
primitive instincts, security, stability,  
and the material world



1

# EARTH MAGIC

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**Key concepts:** being grounded in nature; the quiet, dark place where all things begin, where essence is first ignited before manifestation; knowing you are part of the earth, and she is part of you

Earth Magic speaks to the intrinsic relationship that you and all living things have with the consciousness of the Earth, also known as

the consciousness of the Earth, also known as Gaia. Imagine the oak tree that begins its journey as an acorn gathering the life-force energy it needs from the earth so it can sprout up from the ground. Because you are part of nature, you follow the same cycle of manifestation. Everything you are, your evolution, and the successful manifestation of your dreams begin below the surface of consciousness until an idea comes, conviction takes hold, and something meaningful can be planted.

Be still for a moment. Quiet your thoughts and imagine anchoring your energy to the

sacred quality of being part of this living earth. Do this mindfully to connect to this Divine intelligence with the power to create the perfect form from the essence of a tiny spark of life. Indeed, this is miraculous.

The message now is to trust that the seeds you've planted in your field of dreams are in good hands. The earth is a conscious, Divine Source of love that is doing its part on your

behalf. Slow down, take in the beauty of your life now, and trust that what you are intending is being nourished and is growing. There will be plenty of time later to tend to your garden, to water it and weed it. Great magic is germinating underground, working its way to the surface to deliver more blessings than you could imagine. *Let it.*





## ROOTS OF ABUNDANCE

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**Key concepts:** being stabilized by deep roots, anchoring yourself and feeling secure in your life, trust and belief in abundance

This card signals you to pay attention to how you are anchored in the story of your life. Trust that you will be taken care of. The world is full of limitless potential and will nourish you according to your beliefs, regardless of temporary outer conditions. You are not a victim of life! Life happens *for* you—not *to* you, even if you sometimes slip into that way of thinking. If you are grounded and internally steadfast, nothing can uproot you, and you have the ability to manifest your intentions with ease.

The message here is simple: Your life is

safe and secure, and your intentions are coming to fruition. All your hopes and dreams are firmly grounded and taking root so that you

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can reach for the stars in your life and expand your dreams further than you can imagine. Everything in the material world is a reflection of your interior world. You are unstoppable and unshakable because you believe that you

and unshakable because you believe that you are abundant. Know that you can easily move from merely surviving to *thriving* when you pay attention to staying grounded.

If you find yourself in *ungrounded* thinking, now is the time for radical trust. Growth never follows a straight line; you will manifest what you need when you need it. A tall, healthy tree doesn't need to hold on to the ground for dear life. It knows it will not fly away with the wind, because its roots are planted deep in the earth.

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TIME MACHINE

# TIME MACHINE

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**Key concepts:** inherited patterns, conditioning, lessons already learned, cellular memory, honoring the past without being trapped there

We rely on stories we inherit from our ancestors, our families, our culture, and the world around us to construct a map of our reality. As we develop new stories in life, we build on those old foundations, repair them when we can, or tear them down to begin again. The best and most powerful traits and experiences of your ancestors are yours to inte-

grate into your life so you don't have to revisit their hardships or rectify their mistakes.

You have a magical map with which to navigate your current circumstances. Look to the past for answers now. Ask yourself: *In this situation, what can I learn from those who came before me? What traits can I emulate in order to move through this challenge with wisdom? How*

*can I build on what I already know and integrate this understanding? What might I do differently?*

Sometimes you walk blindly into traps set in the past. Perhaps you couldn't see that you were repeating a pattern until you were well in it. The best course of action here is to rest, practice self-compassion, and make a conscious choice to do something differently next time. Clarity will come. Remember that if you do what you always did, you'll get what you always got. History repeats itself only if you allow it. The most important thing is that you are becoming aware. You can make a different choice regarding how you respond to



life right now.

Yes, things can be awkward and uncomfortable as old hurts are revealed and new solutions are attempted. The time is ripe for change, so keep going. Every step is important. Allies will rally, but in the end *you* are the one you've been searching for. One day you will remember how your beautiful new story was just around the corner.

# 4

## GREAT AND FULL

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**Key concepts:** the mindful practice of gratitude, knowing that you are enough, committing to your intentions, a sense of sufficiency, letting go of attachment to form

Before you can begin to understand the process of manifesting your desires, you need to practice deep gratitude and the willing-

ness to share that with others. This is the true nature of prosperity. It's not about the things you accumulate at all; it's about how you *feel*.

You're invited to surrender to an important truth: *there is always enough for you*. There is enough time to do the things you need and desire to do, enough opportunities to express your talents and connect to your purpose, and enough magic circulating through the invisible world into the visible.

Begin your day immersed in gratitude for everything you have and everything you can't yet see: the unmanifest, which begins with every

breath you take. Know that you are enough and all your needs are being fulfilled, even if you doubt this in some moments. No one's success can make you feel small, and comparing yourself to others never works. Your life is brimming with unique potential—focus on that!

When you hold this feeling of gratitude, it acts as a magical “open sesame” to the floodgates of abundance. Couple that with a playful sense of detachment, and you'll find that mir-

acles have an uncanny way of showing up in your life. Your intentions burst forth into reality with little effort on your part. There is hope brimming with potentiality. It's okay that you don't always trust this. You are not alone in holding the candle high for transformation.

Right now, contemplate how being in the energy of "enough" makes you feel. Eventually, you will have no attachment to what you do or do not manifest in the material world, what you do or do not have. Then, like magic, you have *more* than enough. What a fascinating universe we live in!



## BODY AND SOUL

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**Key concepts:** taking care of yourself; seeing yourself as a complete package—body not separate from soul, centered in your sense of self, comfortable

in your body; your authentic identity; physical health

Extreme self-care is called for when you receive this card. Answer truthfully: are you taking care of your self? Your first choice may be to care for others before meeting your own needs. Check in with yourself: are you experiencing *HALT* (hunger, anger, loneliness, tiredness)? This card is a signal that it's time to take a break from your current focus and get busy taking care of you because you are *worthy* of this care! What simple things require your attention so you can function optimally in your world and live your best life, a day at a time?

a time!

Another message that this card holds is about how you live with authenticity. Can you be at ease within yourself, “you doing you”

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with pride and self worth? Remember: you are a soul that manifests through a body—a spiritual being having a human experience—and that means you are here on purpose even if there are days when you wonder about that. There is an intentionality to your being here now, just



an intentionality to your being here now, just the way you are, in this time in our collective story. You being here is important, for you are a precious being with a purpose even if it seems elusive some days.

Just know that life loves you—with that in mind, your job is to do your part to make *your* experience a healthy one. How you nourish your body, mind, and soul is directly related to how you experience your life. It's time to put yourself first; then everything will fall beautifully into place.

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IT IS WHAT IT IS

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**Key concepts:** radical acceptance, engaging life on life's terms, observing circumstances and taking them at face value, recognizing and releasing resistance and denial

What happens when you look at the world? Can you see it exactly as it is or only as you *assume* it to be? A door closing isn't an invitation to take a battering ram to it. What if there were another door to lead you to your destiny? If you can release your attachment to getting what you want, you'll be surprised by how much energy you have for more important things. It's not about forcing things to happen.

things. Liberated from the burden of yearning, you'll have access to what is best for all. Can you try now to accept things as they are, and shift your focus and attention until that other door opens up for you?

Radically accept life on life's terms; when you stop fighting against it and instead fight *for* what you truly desire, more of the world

becomes available to you. When you are no

longer in denial about what is in front of you, you will be empowered to make necessary changes with respect to yourself, your attitude, and your choices. The irony is that real transformation can happen once you surrender to the idea that things are exactly as they are meant to be.

If you step back with clarity and acceptance, you will realize that life is offering you something magical. Even if circumstances send you on a temporary detour, you will discover treasure beyond your imagination and a new way to embrace the world. Keep this prayer in mind: *God grant me the serenity to accept the*

mind. God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.



## A DEEP BREATH

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**Key concepts:** a genuine expectation of danger, projection of a threat without substance, fight-or-flight mode, inability to focus, trusting in the universe as a way to release fear

Fear is asking for your attention—and healing—right now. You (or another) are operating from the position of fear. If you also see

red flags, you might be headed toward genuine danger, perhaps repeating a lesson you don't need to learn again. You can honor this kind of fear by saying "thank you" and protect yourself by choosing another path. In this moment, you have all it takes to make this shift.

If, on the other hand, the fear surrounds the idea of taking a risk, be mindful. Radical trust and accepting the discomfort of the new is called for as you move out of your comfort zone. Ask for courage to take a leap into the unknown, and know that all will be well. (But



know that “all will be well” *doesn't* mean all you have come to expect.)

Stories from the past may be molding your expectations right now and causing fear based on anticipated hurt. Don't isolate yourself or fall for the false idea that life is too painful and engaging with it should be avoided.

How about loving that side of you that is afraid, acting out, and causing all this unnecessary commotion? You will never be happy if

this small part of you controls your life, as it will if you allow it. However, remember to be gentle with yourself and others. Once you let go and relax into your life, everything looks brighter and friendlier.

Today, choose love over fear. You'll be amazed when you do.







# ENERGY 2

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## WATER

connection, sexuality, intimacy,  
birthing, desire, pleasure,  
feelings, and fluidity

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INTO ME I SEE

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**Key concepts:** intimacy, trust in another, dropping shields and rigid boundaries to allow connection, the willingness to be vulnerable

At certain precious moments, you're called into a deep and meaningful connection with the world or another person. A magical affinity arises, with the kind of intimacy that in turn encourages a greater understanding of yourself. The relationship acts as a mirror, helping you see your own patterns. What it reflects about you can further your own personal evolution.

Now is the time to take a risk by connecting with another. Can you see how far you've



ing with another. Can you see how far you've come? Can you see what is still active within you that needs to change or heal? You will discover more about who you are as you discover more about another. Even if you cannot possibly know what it's truly like to be in someone else's shoes, you can listen and learn. This is a magical gift being offered to you right now.

This concept applies beyond romantic connection. What do the dynamics in your clos-

nection. What do the dynamics in your closest friendships, work relationships, and family say about you? Relationships are extraordinary opportunities for healing. When predicated on honesty and caring, they have a great impact on how you contribute to the world.

Intimate relationships hold up a mirror of truth and reveal more treasures than you might ever expect. If you can look into it, take a risk and see everything as beautiful, even in its imperfections, imagine how deep you could go.

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# THE ROSE'S KISS

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**Key concepts:** joy, experiencing pleasure, deep satisfaction and enjoyment, desires acknowledged, five-sensory reality

Take a deep breath and center on the feeling of joy. Can you allow your senses to awaken, and connect with your innate desire to experience all life has to offer? Pleasure is part of life; let yourself surrender to it today.

Our modern times often present a false ideal of how we are meant to experience the world. Connections are lost and distorted by our overreliance on technology. Just look around and see how few people actually maintain eye contact or engage in conversation. Instead of tapping away at a screen, pause and consider how you can make more intimate contact.

Connecting with nature, enjoying the sensual pleasures of sex, and/or being aware of

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the sensations of taste, touch, smell, sight, and sound may be important right now. How do your sheets feel? Can you reach out and feel the heat and softness of your companion animal nestled beside you? Be present to another person, see them, and let yourself be seen.

Your five senses are aching to be engaged right now. This is an invitation to get out of your head and into your body. You may be a spiritual and intelligent being, but right now the emphasis should be on having a sensory

experience. This is a sacred part of this gift of life. By being present to the sensual world, you invite an even deeper spiritual experience. Amazing, isn't it? Perhaps it really is time to stop and *kiss* the roses.



# CLOSE ENCOUNTERS

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**Key concepts:** vulnerability as a strength, letting others see your wounds as well as your strengths, setting healthy boundaries

This is a time of connection that asks for



This is a time of connection that asks for you to be vulnerable and authentic: let go of any social masks or constructs you use to keep yourself apart from others. Lower your shields and allow yourself to step into a dance of intimacy. When you become close to people, you remind yourself that you are not alone; you're part of a beautiful, meaningful bond. At a deep spiritual level, there are so many lessons offered to you in this closeness. At a social level, intimate relationships help you ignite the spark of life that is the power of affinity. You flourish as a result of offering emotional honesty, a true desire for equality, love, friendship, and laughter.

We aren't meant to be alone. Yet sometimes we are wounded, and we build walls around ourselves so we don't get hurt again. It's time to be honest about yours and step out from behind that barrier and engage in all of life. This is a beautiful opportunity to allow your vulnerability to be your strength as you

your vulnerability to be your strength as you choose to live in integrity and without artifice. Even in your work life, this mode of connection allows you to be truly present.

When you live this way, everything and everyone thrives. You have no need to defend yourself when you're being truly and utterly *you*, empowered by your raw openness and willingness to be seen. In this way your close encounters will not fail you. There is much to celebrate when you stand eye to eye, shoulder to shoulder, sharing your heart.

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IN PERFECT HARMONY

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**Key concepts:** togetherness, healthy and harmonious partnerships, commitment to a relationship, collaboration with others, interdependence

You're entering a time of healthy, harmonious partnerships. Collaboration is key here as you're invited to explore the potential inherent in making a commitment to another person, a group, or even yourself.

Know that you're bringing different gifts to the table; you don't have to be in exact lock-step with everyone else. Being your authentic self actually brings you into alignment with others. You are a note in a harmony that nei-

others. You are a note in a harmony that neither overpowers nor is overpowered by any other. Your beautiful interdependence allows you all to shine.

Just keep an eye out for a sign that your subconscious, which has been conditioned by

your previous hurts and experiences, is working in a way not in accord with what your

healthy self intends. For example, you may desire a relationship but expect to be betrayed, so you unconsciously sabotage it. You say you want to lose weight but continue to eat compulsively and avoid exercise. In these moments, you are not attuned with yourself, and this disharmony spills out into all other parts of your life. If this is happening, you might want to take a hard look at yourself, do a self-inventory, forgive yourself, and then start singing a new song of self-love and acceptance. What's really great about this is how quickly you are now able to turn this around. Have no fear: it is so easy to get back in tune. All it takes is self-hon-

esty and a willingness to heal. You can do it!  
This really is such a fortunate time.





# BEARING FRUIT

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**Key concepts:** birthing, the results of hard work, an idea or consistent thought manifesting into form, the relationship between the external world and the internal world of feelings and beliefs

If your life were a tree, what fruit would it bear? Envision the results of the efforts you put into achieving your dreams and desires in partnership with the Divine. Can you see the way you think, feel, and believe reflected in

the material world? There is always a correlation between what you see, what you expect to see, what you intend consciously, and what you project unconsciously.

Everything is intrinsically connected. Magic flows through you from the unseen world into the world you perceive. Moving from the realm of nonordinary reality to ordinary reality, you birth ideas and thoughts into form and bring your most cherished desires to fruition. Not all ideas will bear sweet fruit; sometimes

you will reap a sour and bitter harvest based on your sense of your personal narrative and your assumptions about others.

You are in a powerful and fertile season of your life, when you're particularly good at making things happen with very little effort. Pay close attention to what you're manifesting now. From your career to your personal relationships, your influence is strong at this time. If you don't like what your life is yielding, prune the proverbial tree and get into alignment with what genuinely lights you up.

ment with what genuinely lights you up.

Remember your birth into the world that which you pay most attention to and consistently hold within as your truth. Be clear about what you intend. Can you make this commitment?



## FEELING THE WORLD

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**Key concepts:** sensitivity to the feelings of others, awareness of the whole world and a broader perception, empathy overload and overwhelm

Empathy reminds you that you are not

alone. It is a beautiful capacity to feel the connectivity all around you, giving you a profound sense of belonging, a broader experience of being part of the larger whole. That said, it can also be overwhelming, especially when you don't know where you end and the rest of the world begins. Now is the time to be clear about your boundaries. Ask yourself whose energy you've tuned in to; you might find it's not even yours!

If you are feeling "off" or drained when you're with someone, they may be siphoning your energy. In such an instance, this connection is not good for you, no matter how char-

ismatic the person is or how attracted to them

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you feel. Do not mistake codependency for closeness or allow your boundaries to become too porous. Trust your instincts and take care of *you*. Practice saying no. Avoid the temptation to turn off and go numb; instead be present. Somewhere in the middle of this “feeling spectrum” is where the magic is.

You're also being asked now to be aware of how your words and actions may affect others. While it's not your job to determine how someone will respond to you, discernment is necessary. Be firm yet kind. Keep in mind that people-pleasing will not give you what you truly need. That said, your empathy is beautiful and important. It just has to be balanced in order for you to access its wondrous gifts. Today, celebrate the beauty of your sensitivity, and that of others.



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BEAUTIFUL UNCAGING

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**Key concepts:** the prison of guilt, a need for self-inventory, rigorous honesty, accountability, making amends

At this time, you're being called to assess where guilt is playing a part in your life, recognize how it's affecting you and others, and address it so you can release yourself from its grip. Guilt is a powerful emotional state, capable of transforming difficult situations. It keeps you accountable for your actions when you've done something that causes harm. However, it can also feed a self-sabotaging cycle that fosters codependency and a distorted sense of personal power. Self-blame can lead to beh

personal power. Self-blame can lead to behaviors that perpetuate low self-worth.

Have you done or said something for which you need to make amends? Have you disregarded a boundary or broken a promise? Guilt can make you aware of potential ways

you have given injury and show you how to redress the transgression. When you sincerely admit your error and begin the process to

admit you are wrong and begin the process to fix it, this is an act of accountability, responsibility, and liberation.

Take a moment now to consider when you have harmed others or yourself. This knowledge will free you from the story you tell about it so you're able to connect with truthful remorse. Now is the time for rigorous honesty as you take a self-inventory with a neutral state of mind. A good question to ask yourself now is why the guilt is there. You might be taking on a burden that is not even yours to carry. Pay attention, take action, and uncage yourself from the prison of your own making.







# ENERGY 3



FIRE



personal power, will, assertiveness,  
action, vitality, movement,  
individuation, and extreme states—  
joy, anger, transformation



# A POWERFUL MOVE

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**Key concepts:** action, movement with purpose, effort, putting into motion your intention, making choices from an empowered and thoughtful place, positive change

The time for rest is over—change is in the

air. This is a powerful time when deliberate action is needed to move your intentions out of the realm of thought and into the material, from ideas into action. How do you approach your relationship to the invisible world, as it influences the visible? Do you see the relationship? Do you recognize yourself as a unique, whole, and worthy being who has a special place in the world, whose offerings are valuable, and whose life has meaning? You are a mighty co-creator, so step into that power and see your intentions manifest in the world. Real positive change is possible when you make choices from an authentic sense of self and

take a conscious step toward your dreams.

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To take steps toward your intended experience, start first with the way you think. Let curiosity be the focus now, and display a willingness to discover new things instead of confirming your past expectations. Be open, be clear about your motives and desires, and set your intention. Then step into the magic just waiting for you to claim it! Traveling,

moving, flowing, flying: whatever describes the changes in your life, know that these are called for now. Act with thoughtfulness and awareness, and remember to be true to yourself. What is called for now is “doing the thing that needs to be done.” All will be better than well. What an exciting time indeed!

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# THE ROYAL YOU

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**Key concepts:** sovereignty, responsibility, self-

confidence, self-rule, ownership of your feelings and actions, a quiet sense of empowerment, being self-aware, not allowing outside influences out of alignment with your truth

Do you know what it means to express personal sovereignty in your life? It's about how you hold to your inner sense of worth and integrity, secure in your belief that you have a unique purpose. It's about feeling comfortable in your own skin, knowing who you are and that nothing outside you can challenge your authentic self, the hard-won seat of awareness that you have earned.

You are the ruler of your mind, and you're

you are the ruler of your mind, and you're being invited now to consider what discipline you need to apply to your thoughts. Are they consistent with the values and beauty you intend for your life? It is important now to

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keep your focus on what is right and good for you as well as others.

Challenges in your life at this time, no



matter how large or small, must be met with a measured response. If life sends you a challenge, can you speak up and set your boundaries with grace and surety? Calm, intelligent leadership is called for now. Sovereigns know when to plan their battles, so stay out of unnecessary skirmishes and strategically wield your personal power. Now is the time to lead from the heart, from your authenticity and integrity. Hold your head high and know your worth—that is the mark of a true sovereign.

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# THE STORYTELLER

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**Key concepts:** identity, positive self-definition, teaching others how to treat you through the stories you tell about who you are

Do you know the story you tell others about who you are? You are a unique being with unique talents, and a story unique to you and your experience—in fact, your destiny—can be found in the way you weave together these threads of yourself in the world. If there's anything in your life you want to change, then it's

thing in your life you want to change, then it's time to adjust the *story* you tell about yourself. Perhaps you are too self-deprecating or apologetic about how you shine, minimizing your power so others will accept you. Perhaps the way you voice your expectations diminishes your ability to succeed, or you are too willing to tolerate a less-than-supportive environment.

It's easy to be in denial when it comes to others and their behavior toward you.

Understand, however, that you teach people how to treat you through how you talk about yourself. Once you recognize what story you're telling others about how to treat you, you can tell a different one.

What if you could connect to your true *power* as a co-creator of your reality? The story originates in your mind: *how you think*, your conditioning and past experiences, how you view the world, and what you expect to see in it. The truth is, you have everything you need to tell a new tale and weave more blessings into the world as your unique contribution. In fact,

the world as your unique contribution. In fact, practice speaking of your amazing success, your overflowing abundance, and all the love that surrounds you. Soon, the outer world will tell the same story back to you!

# THE POWER OF PURPOSE

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**Key concepts:** individuation, seeing your unique place in the world, a clear sense of authentic purpose, healthy self-esteem, letting go of conditioning, celebrating your uniqueness, you be you

There comes a time when you realize that

There comes a time when you realize that you are destined for something that is yours and yours alone. The catalyst might be an experience with a special person, a path you choose, or something you feel called to do. You'll discover it's not necessarily what you thought it would be and has nothing to do with what everyone else wants or seems to want.

An uncanny conviction takes hold from somewhere deep and true. You feel a sense of power arising from a true sense of self, accompanied by a need for action, a commitment to explore something, or a purposeful choice.

Right now, you're invited to step into a



new empowered sense of authentic purpose,

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bolstered by a healthy dose of self-esteem. You're called to release your old conditioning. There's no need to be self-conscious or act a certain way to please others—which can sometimes take you in a direction you don't want to go, anyway.

The discipline and will to evolve are yours by nature. This process doesn't have to be a